

Ultra Protein Plus (Chocolate)

Improved

NPN 80091688

DESCRIPTION

Ultra Protein Plus is a delicious, natural chocolate-flavoured, nutritionally comprehensive protein powder that contains all the indispensable amino acids as well as a comprehensive blend of vitamins and minerals to support optimal health. Ultra Protein derives its protein from yellow pea, a low-allergenic source that contains no genetically modified plant tissue and is pesticide-free. Ultra Protein Plus can easily be added to water or other liquid to create a ready-to-drink protein shake.

FUNCTIONS

The dietary protein provided by Ultra Protein Plus supplies essential amino acids that participate in all of the body's metabolic and physiologic systems, including the skeletal muscle and both the cardiovascular and immune systems. Protein turnover in these systems is continuous and can be substantial. The dynamics of this constant degradation and resynthesis demand a daily supply of dietary protein and their constituent amino acids. Essential or indispensable dietary amino acids must be supplied by the diet, as they are not made *de novo* by the body.

Recent analyses of the dietary protein needs of people suggest that age, stress, metabolic factors and activity level may influence protein requirement for optimum health. For example, certain individuals may have a significantly higher protein requirement than others. This requirement may be higher than the suggested 0.8 g of protein per kg of body weight per day for adults. This higher requirement may derive from a lower efficiency of protein utilization in advancing age, despite the associated decrease in muscle mass. Some scientists have also suggested that increased protein synthesis follows prolonged exercise. Athletes competing in bodybuilding or endurance sports may need significantly more protein than the normal requirement.

Douglas Laboratories' Ultra Protein Plus can help satisfy the body's need for not only the indispensable amino acids, but also for the essential nutrients needed for optimum structure and function of all the body's systems.

INDICATIONS

- Source of protein and essential nutrients in the form of a delicious beverage

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FORMULA (#57396-900HYC-C)

Each Scoop (approximately 30 g) Contains:

Pea Protein (from <i>Pisum sativum</i> seed)	18.1 g
Providing:	
Protein.....	15.2 g
Vitamin A (vitamin A palmitate)	357 mcg RAE
Beta-carotene (<i>Blakeslea trispora</i>)	1,016 mcg
Vitamin C (ascorbic acid/magnesium ascorbate/calcium ascorbate)	260 mg
Vitamin D ₃ (cholecalciferol).....	10 mcg
Vitamin E (d-alpha tocopheryl acid succinate)	33.5 mg AT
Thiamine (thiamine hydrochloride)	24 mg
Riboflavin.....	12 mg
Niacin (nicotinic acid/niacinamide)	43 mg
Vitamin B ₆ (pyridoxine hydrochloride/pyridoxal 5'-phosphate)	24 mg
Folate (calcium L-5-methyltetrahydrofolate, Metafolin®).....	200 mcg
Vitamin B ₁₂ (methylcobalamin)	50 mcg
Biotin.....	75 mcg
Pantothenic Acid (calcium d-pantothenate).....	50 mg
Choline (choline bitartrate)	20 mg
Calcium (calcium citrate/ascorbate/carbonate)	115 mg
Japanese Kelp Whole (<i>Laminaria japonica</i>)	13.25 mg
Providing:	
Iodine	50 mcg
Magnesium (magnesium oxide/citrate/ascorbate).....	115 mg
Zinc (zinc HVPΔ chelate).....	5 mg
Selenium (selenium Krebs [†] complex).....	45 mcg
Manganese (manganese sulfate)	2.5 mg
Chromium (chromium nicotinate)	45 mcg
Molybdenum (molybdenum Krebs [†] complex).....	23 mcg
Potassium (potassium chloride)	20 mg
N-Acetyl-L-Cysteine.....	10 mg
L-Cysteine (cysteine hydrochloride)	34 mg
Betaine (betaine hydrochloride).....	25 mg
Inositol	23 mg
Citrus Bioflavonoids (<i>Citrus limon</i> - fruit and fruit peel)	23 mg
PABA (para-aminobenzoic acid)	11 mg
Vanadium (vanadium Krebs [†] complex)	12 mcg
Boron (boron citrate).....	300 mcg

Non-Medicinal Ingredients: Organic cane sugar, alkalized cocoa powder, natural chocolate flavour with other natural flavours, rebaudioside A (stevia extract), monk fruit extract.

Δ Hydrolyzed vegetable protein

Krebs[†] = citrate, fumarate, glutarate, malate, succinate

Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.

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SUGGESTED USAGE

Adults: In a glass, add 1-2 cups of water or other liquid to 1 scoop of Ultra Protein Plus and mix well. Take once daily with a meal, a few hours before or after taking other medications or natural health products, or as directed by your healthcare practitioner.

RISK INFORMATION

Do not use if you are taking antibiotics or nitroglycerin. Consult your healthcare practitioner prior to use if you are pregnant or breastfeeding, are taking sulfonamides or blood thinners, or have kidney stones, a peptic ulcer or excess stomach acid. Stop use if allergy occurs. People sensitive to nicotinic acid may experience flushing of the skin that is generally mild and transient.

STORAGE

Keep out of the reach of children. Store in a cool, dry place.

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For more information on Ultra Protein Plus (Chocolate), visit douglaslabs.ca

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