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**PRESS RELEASE**  
FOR IMMEDIATE RELEASE

***Douglas Laboratories<sup>®</sup> is pleased to announce exciting improvements to our most comprehensive multivitamin mineral supplements***

London, ON March 31<sup>st</sup>, 2010 – Douglas Laboratories<sup>®</sup>, a leader in the industry of nutritional supplements, would like to inform you of some enhancements being made to our best selling multiple vitamin/mineral formulations. The improvements to these products reflect current research and the highest quality raw materials available.

Douglas Laboratories<sup>®</sup> is also happy to announce the use of **Metafolin<sup>®</sup>** the bodies preferred form of folate. Metafolin<sup>®</sup>, also known as (6S)-5-methyltetrahydrofolic acid ((6S)5-MTHF), is the naturally occurring, predominant form of folate, and is directly usable by the body. Metafolin<sup>®</sup> is patented, contains only the S isomer of the 5-MTHF, and has been shown to be the only form of folate to be able to cross the blood-brain barrier.

We are proud to announce in our award winning **Ultra Preventive<sup>®</sup> X** formulation our special green food base has been revised to include a variety of **organic fruits and vegetables**, along with the addition of using all **gluten free grasses**. This product provides the Oxygen Radical Absorbance Capacity (ORAC) equivalent of 4-5 servings of fruits and vegetables. This unique formula now provides **extra vitamin D<sub>3</sub>**, also known as cholecalciferol. Vitamin D<sub>3</sub> has been increased to provide 1000 I.U.'s per serving. Recent researchers now feel that supplementation with vitamin D at levels greater than previously thought necessary is critical to helping maintain overall health.

Along with Ultra Preventive<sup>®</sup> X, Metafolin<sup>®</sup> is now the form of folic acid in the following multiple vitamin/mineral formulations: **Ultra Balance III, Ultra Balance III with Iron, Ultra Balance III with Copper & Iron, and Ultra Preventive<sup>®</sup> Beta.**

Douglas Laboratories<sup>®</sup> is a leader in the industry of manufacturing and distributing nutraceuticals to licensed healthcare professionals.