



**Douglas
Laboratories®**

*Raising the Standard for
Nutrition and Wellness.™*

FOR IMMEDIATE RELEASE

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DOUGLAS LABORATORIES INTRODUCES SUITE OF OMEGA-3 AND B12 LIQUID SUPPLEMENTS

Liquid Provides For Better Taste, Maximum Absorption

Douglas Laboratories introduces a suite of delicious tasting citrus flavored Omega-3 and cherry flavored B12 liquid supplements ideal for cardiovascular, neurological and joint health.

“Studies indicate that liquid supplements are an efficient way to achieve optimal absorption of nutrients into the bloodstream,” said Dr. Andrew Halpner, Director of Product Development for Douglas Laboratories.”

Opti-Omega Q is a synergistic combination of three essential ingredients consisting of 1 g of omega-3 fatty acids from ultra-refined fish oil, 650 mg of phytosterol esters and 50 mg of CoQ10 per teaspoon (5 ml). **Opti-EPA™ Liquid** provides omega-3 fatty acids derived from an ultra-pure fish oil concentrate. Each teaspoon (5 ml) contains 1,380 mg of eicosapentaenoic acid (EPA) and 920 mg of docosahexaenoic acid (DHA). **Methylcobalamin Liquid** is an active form of vitamin B12 provided in a natural cherry flavored liquid that supports energy production as well as helps to support neurological function.

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