



**Douglas
Laboratories®**

*Raising the Standard for
Nutrition and Wellness.™*

FOR IMMEDIATE RELEASE

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DOUGLAS LABORATORIES INTRODUCES HORMONAL SUPPORT PRODUCTS

PITTSBURGH, Pa.—March 9, 2006 -- The endocrine system plays a significant role in both men's and women's health. To support a number of biological processes, including menopause, prostate health, premenstrual health, and other endocrine-related conditions, Douglas Laboratories introduces four new dietary products that support and enhance the function of hormone producing and responsive tissues.

Developed by Joseph Collins N.D., a pioneer in the phytotherapeutic management of endocrine dysfunction, Douglas Laboratories' natural hormone-free supplements are specifically formulated based on the practitioner's experience with integrative functional endocrinology. Each supplement consists of proprietary blends of phytoestrogens, phytoandrogens, phytoprogesterones or phytoantiandrogens.

The four new formulas include:

Testo-Gain™ - a synergistic combination of phytoandrogens, androgenic adaptogens, and other herbs designed to promote optimal testosterone functions by maintaining the health of testosterone producing glands and by supporting the healthy functions of testosterone responsive tissues in men and women.

Progesto-Mend™ - a combination of phytoprogesterones, progestogenic adaptogens and other herbs that support optimal progesterone function by maintaining the health of progesterone producing glands and by supporting the healthy functions of progesterone responsive tissues.

Estro-Mend™ - a synergetic blend of isoflavones, phytoestrogens and other herbs and other herbs designed to support healthy estrogen function.

Testo-Quench™ – a synergistic blend of phytoantiandrogens and other herbs to support the healthy function of skin, hair, heart, breasts, vagina and other testosterone sensitive tissues in women, and the health of prostate tissue in men.

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“Douglas’ hormonal support products provide healthcare professionals with the ability to personalize options for each patient,” said Dr. Andrew Halpner, director of product development for Douglas Laboratories. “Professionals can now choose the appropriate formulas, adjust the dosages to the specific needs of the patient, and achieve much better clinical outcomes.”

Testo-Gain, Progesto-Mend, Estro-Mend, and Testo-Quench are products found under the *Dr. Specialty* line of Douglas Laboratories nutritional supplements. Each product is distributed in a 90 capsule per bottle supply.

Joseph Collins, N.D., is a licensed naturopathic physician and author of *Discover Your Menopause Type*, a book used by healthcare professionals and women to create personalized protocols for menopause. Information on Dr. Collins’ protocols is available at www.phytochrine.com.

Douglas Laboratories has been providing superior nutritional supplements to the healthcare professional for more than 50 years. Currently, approximately 900 branded products are offered along with new products introduced on a continuing basis. Working with an experienced research staff of Ph.D.s and a world-renown medical advisory board, Douglas Laboratories' commitment to bring novel, clinically supported products to the marketplace to support patient needs is unsurpassed.

Douglas Laboratories distributes globally, with worldwide headquarters located in Pittsburgh, Pennsylvania, USA. For additional information on Douglas Laboratories, please visit www.douglaslabs.com, email to nutrition@douglaslabs.com, or call 1-888-DOUGLAB.

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