



# A.I. Formula®

## What Is It?

A.I. Formula® is a broad spectrum, synergistic combination of concentrated extracts which inhibit the discharge of histamine from activated mast cells or basophils and maintain healthy leukotriene and thromboxane production.\*

## Uses For A.I. Formula®

- A.I. Formula® offers a safe and natural way to regulate histamine production and other immune modulators, thus moderating the inflammatory response at the cellular level.\*
- Quercetin inhibits the synthesis of enzymes necessary for the release and degranulation of histamine.\*
- Bromelain inhibits the production of kinins and fibrin, compounds that promote the inflammatory process.\*
- *Curcuma longa*, or turmeric, maintains healthy histamine release and immune cell response.\*
- Ginger moderates leukotriene and thromboxane synthesis, important mechanisms for cellular and tissue support.\*

## What Is The Source?

This formula contains: bromelain (2400 gdu/gram), a proteolytic enzyme from the stem of the pineapple plant; *Curcuma longa* (turmeric) extract (root) standardized to contain 95% curcuminoids; quercetin from Japanese pagoda tree (*Sophora Japonica*) flower buds; ginger extract (*Zingiber officinale*) (root) (standardized to contain 5% gingerols); vitamin C (ascorbyl palmitate) derived from corn dextrose fermentation.

## Recommendations

Pure Encapsulations recommends 2-6 capsules per day, in divided doses, between meals.

## Are There Any Potential Side Effects Or Precautions?

If pregnant or lactating, consult your physician before taking this product. A.I. Formula® contains *Curcuma longa*, which is not recommended for individuals with gallstones.

## Are There Any Potential Drug Interactions?

A.I. Formula® contains bromelain and ginger, which should not be taken with blood thinning medications due to potential or theoretical interactions.

### A.I. Formula®

each vegetable capsule contains  V 00

quercetin .....	175 mg
turmeric ( <i>Curcuma longa</i> ) extract (root) .....	150 mg
(standardized to contain 95% curcuminoids)	
bromelain (2,400 gdu/gram).....	200 mg
ginger ( <i>Zingiber officinale</i> ) extract (root) .....	100 mg
(standardized to contain 5% gingerols)	
ascorbyl palmitate (fat-soluble vitamin C) .....	14 mg
2-6 capsules per day, in divided doses, between meals.	

\*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

For educational purposes only. Consult your physician for any health problems.