

# CLINICAL PROTOCOLS

## **VARICOSE VEIN SUPPORT**

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*A Suggested Nutritional Protocol for Varicose Vein Support*

### **Wobenzym® N**

A sophisticated combination of the enzymes bromelain, papain, natural pancreatic enzymes trypsin and chymotrypsin, as well as the antioxidant flavonoid rutin have been clinically studied to promote healthy joints and muscles by balancing inflammation.

**Suggested usage:** *Three to four tablets, three times daily, 45 minutes before a meal or 1.5hrs after.*

### **Ester-C® Plus**

Antioxidants, especially vitamin C are important for normal blood vessel function and blood flow.

**Suggested usage:** *Two capsules, twice daily.*

### **Grapenol®**

Grapenol contains important proanthocyanidins that contribute to the health and integrity of the venous system.

**Suggested usage:** *One to two tablets daily.*

### **NSK-SD™ Nattokinase (Pure Encapsulations)**

Promotes healthy fibrinolytic activity for healthy blood flow and cardiovascular function. Each vegetarian capsule contains 50mgs of nattokinase.

**Suggested usage:** *Take two vegetarian capsules daily 12 hours apart, with meals or between meals.*

### **Tri-En-All 400**

Contains natural-source mixed tocopherols with a minimum guaranteed amount of the d-beta, d-gamma and d-delta tocopherols, as well as additional mixed tocotrienols.

**Suggested usage:** *One softgel daily.*

### **FlavonAll®**

A broad spectrum flavonoid-based supplement, it delivers eight of the most concentrated and well researched standardized plant extracts. They are of the highest quality as well as having anti-inflammatory properties and vascular protection.

**Suggested usage:** *One to two tablets daily.*

