

# CLINICAL PROTOCOLS

## OCULAR HEALTH

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*A Suggested Nutritional Protocol for Ocular Support*

### **Macushield™**

A multivitamin and mineral formulation designed with targeted antioxidants for eye health, including bilberry extract, taurine, lutein, and more.

**Suggested usage:** *Four to eight tablets daily, with meals.*

### **Ocu-Omega™**

This formula contains a novel, synergistic combination of lutein, zeaxanthin and omega-3 fatty acids, which are well regarded for ocular health.

**Suggested usage:** *Three Capliques™ daily, with meals.*

### **Nutrient 950 without iron (Pure Encapsulations)**

A complete, high potency, hypo-allergenic multivitamin/mineral formula with beta carotene, lycopene, lutein and zeaxanthin.

**Suggested usage:** *Four capsules daily, in divided doses, with meals.*

### **Flavonall®**

FlavonAll® , supporting vision health, is a convenient dietary multi-flavonoid supplement designed to provide a broad spectrum of beneficial antioxidant flavonoids in nutritionally meaningful amounts. FlavonAll delivers these flavonoids in the form of eight potent standardized extracts that are of the highest quality available.

**Suggested usage:** *One to two tablets, two times daily.*

