

CLINICAL PROTOCOLS

NEUROLOGICAL SUPPORT

A Suggested Nutritional Protocol for Neurological Support

Brain ENERGY

Formulated by Eric R. Braverman M.D. to help support neurological functioning. Dopamine, phenylalanine, tyrosine, Rhodiola rosea and methionine are essential nutrients carefully formulated in this product to provide nutritional support for increased brain energy.

Suggested usage: *Two capsules in the morning or with lunch.*

OR

Brain MOOD

Formulated by Eric R. Braverman M.D. to help support a sense of well being and mood stability. The most important nutrients for serotonin production have been included in this formula, to help maintain the brain's symmetry and stabilize mood. With ingredients such as St. John's Wort Extract, 5-HTP and B-12.

Suggested usage: *One capsule, three times daily.*

OR

Brain CALM

Formulated by Eric R. Braverman M.D., Brain Calm is an effective blend of critical amino acids and nutrients that provide support for a calmer brain including inositol, GABA, passion flower and L-Glycine.

Suggested usage: *Two capsules with an evening meal or bedtime.*

Alpha-GPC

Glycerophosphocholine (GPC choline) is a water-soluble pro-phospholipid found in high quantities in adult tissue and breast milk. While not a true phospholipid, the body can convert it readily into phosphatidylcholine. Human studies indicate that GPC may play important roles in maintaining neurological health.

Suggested usage: *Two capsules daily.*

Neurosed II™

A synergistic blend of several key vitamins, minerals and herbs, such as passiflora, valerian and chamomile carefully formulated and specially designed for neurological support.

Suggested usage: *Two tablets daily.*

Cognitive Factors (Pure Encapsulations)

Advanced support for cognitive function. Helps with mild memory problems associated with aging as well as improves absentmindedness.

Suggested usage: *One to two capsules daily, in divided doses, with meals.*

Continued on next page

ELITE PRODUCT

Xtra-Cell™ Remilyn

A frozen liquid extract to help support nerve cell functions consisting of specific proteins, peptides and other cell-signalling molecules obtained from aqueous extracts of porcine mesenchyme and CNS tissues as well as specialized marine liquid cartilage extract. This product **MUST** be kept frozen at all times to maintain culture viability.

Suggested usage: *One bottle daily.*

