

CLINICAL PROTOCOLS

KIDNEY DETOX

A Suggested Nutritional Protocol for Kidney Detoxification Support

Kidney Support Formula (Pure Encapsulations)

Supports renal function and provides renal cell antioxidant protection. The formula features codyceps, astragalus, angelica sinensis and antioxidants to support renal health while promoting immune function and free radical protection. This is an excellent formula for detoxification of the kidneys especially for after prescription medication.

Suggested usage: *One to three capsules daily, in divided doses, with or between meals.*

HM Chelate

Promotes healthy urinary excretion of common, mild environmental expires of mercury, arsenic, cadmium, lead and tin with altering excretion of other minerals while supporting antioxidant and immune defenses.

Suggested usage: *3–6 capsules per day, in divided doses, between meals.*

Probiotic-5 (Pure Encapsulations)

A dairy-free blend of key probiotic bacteria to support immune and gastrointestinal health. This is a high-strength blend of 5 strains of bacteria to promote G.I. tract health and comfort, immune cell function and overall health. This product requires refrigeration to maintain culture viability.

Suggested usage: *One to two capsules daily, in divided doses, with meals.*

OR

Probiotic 50B (soy and dairy free) [acid resistant capsules]

Probiotic 50B provides 50 billion CFU of the beneficial bacteria *Lactobacillus acidophilus*, *Lactobacillus rhamnosus*, *Lactobacillus plantarum*, *Bifidobacterium longum* and *Bifidobacterium lactis* offered in acid-resistant capsules with pH targeted release to deliver maximal viable organisms to the digestive tract. These five researched strains promote healthy intestinal ecology to support gastrointestinal and immune health.

Suggested usage: *Take 1 capsule daily, with or between meals.*

d-Mannose Powder

A simple sugar found naturally in fruits such as cranberries and pineapples. D-Mannose is thought to play an important role by promoting the proper binding and flushing of bacteria from the urinary tract.

Suggested usage: *One to three teaspoons, three times daily with meals.*

