

## DIABETIC SUPPORT

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*A Suggested Nutritional Protocol for Diabetic Support*

### **Glucose Support Formula** (Pure Encapsulations)

Contains highly recognized ingredients that provide specific support for optimal pancreas function and healthy glucose metabolism.

**Suggested usage:** *One to two capsules daily, in divided doses, with meals.*

OR

### **Glucoplex™**

Each capsule contains a complementary blend of thiamin, biotin, chromium, alpha-lipoic acid, n-acetyl-l-cysteine, and standardized extract of gymnema sylvestre leaf for targeted nutritional support of glucose metabolism.

**Suggested usage:** *Two capsules daily.*

### **Alpha Lipoic Acid**

Alpha-lipoic acid is a non-vitamin coenzyme that carries out important metabolic and antioxidants functions. Also a key ingredient in preventing diabetic retinopathy

**Suggested usage:** *One capsule daily.*

### **Chromium-GTF 200**

A trace element supplement that contains chromium bound to nicotinic acid (chromium polynicotinate). Each 200mcg capsule contains its non-toxic trivalent form.

**Suggested usage:** *One capsules daily, with meals.*

### **Opti-EPA™**

A very high potency marine lipid concentrate providing high amounts of omega-3 EPA and DHA fatty acids per softgel compared to other fatty acid supplements.

**Suggested usage:** *One to three soft gels daily.*