

CLINICAL PROTOCOLS

BREAST SUPPORT

A Suggested Nutritional Protocol for Breast Support

Ultra Indinol Plus

Supplies significant amounts of indole-3-carbinol (I3C) and diindolymethane (DIM) in a proprietary blend of cruciferous vegetables. This product helps induce healthy hormonal metabolism, support detoxification of steroid hormones and assist those with estrogen related conditions. This product requires refrigeration to maintain culture viability.

Suggested usage: *One capsule daily.*

OR

DIM

DIM is a synergistic combination of plant based ingredients including DIM, curcumin, green tea and wasabia designed to support healthy hormone balance.

Suggested usage: *Two capsules daily.*

Prim Royal

Prim Royal is a beneficial omega-6 fatty acid providing a valuable source of gamma linolenic acid (GLA). Evening Primrose oil is successfully used to ease the discomforts associated with PMS and female hormonal imbalances.

Suggested usage: *Three to six Capliques™ daily.*

Liver G.I. Detox (Pure Encapsulations)

Liver-G.I. Detox supports hepatic and gastrointestinal detoxification by providing nutrients and botanical extracts that enhance toxin elimination, digestion, intestinal motility, gut integrity and cell function.

Suggested usage: *Two capsules daily in divided doses, with meals.*

Vitamin D 1000 IU

Vitamin D is important in the normal development and maintenance of bones and teeth. Research has indicated vitamin D may play a protective role in development of several cancers.

Suggested usage: *One tablet daily with food.*

Tri-En-All 400

Contains natural-source mixed tocopherols with a minimum guaranteed amount of the d-alpha, d-beta, d-gamma and d-delta tocopherols, as well as additional mixed tocotrienols.

Suggested usage: *One softgel daily.*

